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KISA RAPOR  
SHORT REPORT

# A rarely seen diffuse parenchymal lung disease: diffuse pulmonary meningotheliomatosis

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## SUMMARY

### A rarely seen diffuse parenchymal lung disease: diffuse pulmonary meningotheliomatosis

*Pulmonary meningothelial-like nodules (MLNs) are usually detected incidentally during pathologic evaluation of resected pulmonary parenchymal specimens and autopsies. These nodules are generally asymptomatic and most often single. Diffuse pulmonary involvement by MLNs is less frequently described. MLNs are benign lesions and have been associated with neoplastic and non-neoplastic pulmonary conditions and occasionally with extrapulmonary diseases. We report a case of a female patient presenting with multiple and bilateral pulmonary nodules diagnosed with "diffuse pulmonary meningotheliomatosis" by video-assisted thoracoscopic surgery (VATS). Diffuse pulmonary meningotheliomatosis should be included in the differential diagnosis of diffuse bilateral lung nodules in the radiologic studies.*

**Key words:** Minute pulmonary meningothelial-like nodules, meningotheliomatosis, micronodules

## ÖZET

### Nadir görülen bir difüz parankimal akciğer hastalığı: Difüz pulmoner meningotelyomatozis

*Pulmoner meningotelyal nodüller (PMN) sıklıkla rezeke edilen akciğer parankim örneklerinin ve otopsilerin patolojik incelenmesi sırasında rastlantısal olarak saptanır. Bu nodüller genellikle asemptomatik ve çoğu zaman tektir. Difüz pulmoner tutulum sıklığı daha azdır. PMN benign lezyonlar olup, neoplastik ve neoplastik olmayan akciğer hastalıkları ve nadiren ekstrapulmoner hastalıklarla ilişkili bulunmuştur. Multipl bilateral pulmoner nodülleri olan ve video eşliğinde torakoskopik cerrahi (VATS) ile "difüz pulmoner menin-*

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*gotelyomatozis" tanısı alan bir kadın hasta sunulmuştur. Difüz pulmoner meningotelyomatozis radyolojik olarak difüz bilateral akciğer nodülleri olan hastalarda ayırıcı tanı içinde yer almalıdır.*

**Anahtar kelimeler:** Pulmoner meningotelyal nodüller, meningotelyomatozis, mikronodüller

## INTRODUCTION

Pulmonary meningothelial-like nodules (MLNs) are rarely seen lesions consisted of small epitheloid cell clusters and are located in the parenchyma of the lungs. They were previously known as pulmonary chemodectoma (1). The patient population shows a marked female predominance (1-3). Although they usually appear as solitary nodules, multiple lesions with unilateral involvement have also been defined (1,4). Diffuse bilateral meningothelial nodules, which resemble metastatic disease or interstitial lung disease, are extremely rare (1,5). The term "meningotheliomatosis" has been suggested for these lesions (1). The present case, diagnosed with "diffuse pulmonary meningotheliomatosis", was presented for to highlight the necessity of considering this condition in the differential diagnosis of diffuse parenchymal nodular lesions.

## CASE REPORT

A 66-year-old female patient presented with non-productive cough. She had 13 pack/year smoking history. The physical examination of the patient was within normal limits. Her past medical history was notable for diabetes mellitus, hypertension and chronic renal disease. She had no known malignancy. On her laboratory analysis, BUN was 38 mg/dL, creatinine was 2.45 mg/dL, and blood glucose was 167 mg/dL; results of other blood and urine analyses were within the normal ranges.

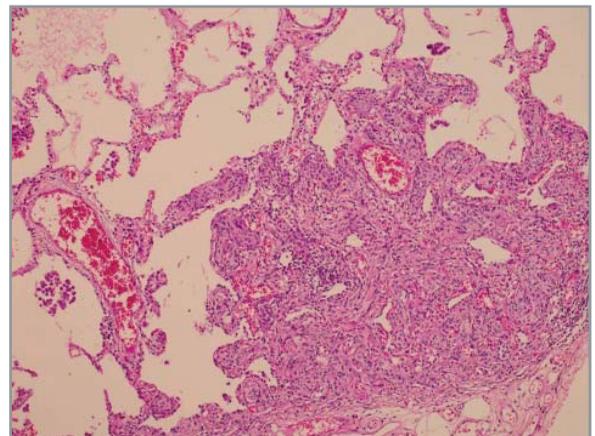
The patient showed normal spirometry and carbon monoxide diffusion capacity, but slightly decreased total lung capacity (71%). Current computed tomography (CT) of the thorax at the time of admittance displayed diffuse, multiple, randomly distributed 1-4 mm nodular lesions in the parenchyma of both lungs (Figure 1). The patient had been followed by thoracic CT scan in another center and there had been no radiological difference for one and a half year period. She had been referred to our hospital for definitive diagnosis. As the nodules were small, have no bronchus sign and revealed no endobronchial lesion on thoracic CT scan she underwent video-assisted thoracoscopic surgery (VATS) for its higher diagnostic yield than other conventional diagnostic procedures such as bronchoscopy or transthoracic needle biopsy. Nodular configurations, which were also seen on



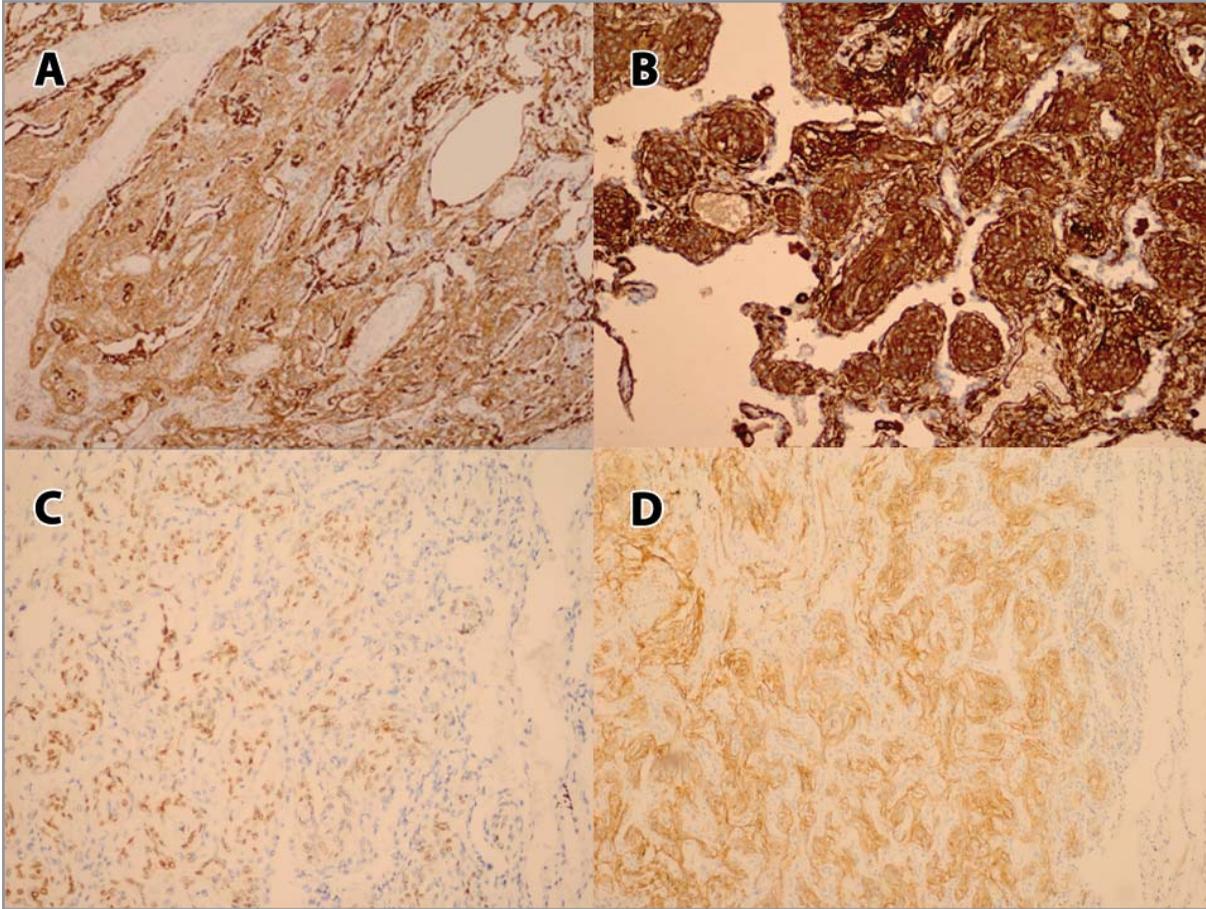
**Figure 1.** Multiple, 1-4 mm, randomly distributed bilateral micronodular lesions on axial 5 mm thoracic CT scan.

visceral pleural surface, were observed during surgical operation.

Histopathological examination revealed small, 1 to 4 mm nodular lesions consisted of clusters of multiple cells with round-to-oval nucleus and large cytoplasm (Figure 2). While these cells were immunohistochemically positive for EMA, vimentin, progesterone receptor (PR) and CD56, they were negative for keratin, smooth muscle actin, chromogranine, CD34 and sinaptophysin (Figure 3A-D). The patient, whose histopathological findings were reported as "meningothel-



**Figure 2.** Subpleural nodule in the parenchyma of the lungs (Hematoxylin-Eosin x200).



**Figure 3.** (A) Immunohistochemical staining was positive for meningeothelial cells for EMA, (B) Vimentin, (C) Progesteron receptor, (D) CD56.

lial nodules", was diagnosed with "diffuse pulmonary meningeotheliomatosis" based on her radiological findings and no underlying lung disease was identified.

### DISCUSSION

MLNs were first defined by Korn et al. in 1960 (6). Although it has been more than 50 years, its etiology and pathogenesis remain uncertain (1,4,5). It has similar histological, ultrastructural and immunohistochemical features with meningiomas (4). Along with the use of immunohistochemistry, evidence has been obtained for meningeothelial origin while confirming the absence of neuroendocrine differentiation in MLNs (2). Immunohistochemical studies of the cells showed strong positivity for progesterone receptor, EMA, vimentin and CD56 but negative staining for cytokeratin, actin, S-100 protein, CD34, chromogranine, synaptophysin and neuron-specific enolase (2). EMA and vimentin are closely associated with meningiomas (1). Although CD56 is frequently encoun-

tered in neuroendocrine proliferation, it has been reported also in meningiomas. Therefore, CD56 staining in PMLNs supports meningeothelial differentiation (2). Mukhopadhyay et al. detected patchy staining with CD56 in 50-100% of the cells (2). Staining pattern has been reported to be cytoplasmic and membranous and mild-to-moderate in intensity. In the present case, staining with CD56 was detected in more than 70% of the cells and the staining pattern was observed to be cytoplasmic and membranous and moderate in intensity. Niho et al. performed immunohistochemical and clonal analyses and concluded that MLN is a reactive proliferation rather than a neoplastic event (7). Mutational analysis of MLNs and intracranial meningiomas suggested that these are two unrelated conditions and that MLNs represent a reactive event (4). Despite all these observations, presence of meningeothel in the lungs and the relation between underlying pulmonary disease and MLNs remain unclear (2).

Incidence of MLNs in surgical lung biopsies is higher than the incidence reported in autopsy studies (13.8% vs. 1.1%) (2,8). The authors postulated that such a difference in its incidence might be associated with presence of an underlying lung disease in all surgical lung biopsies raising the thought that MLNs are associated with chronic lung diseases (2). The highest incidence of MLNs has been noted in patients with pulmonary thromboembolism (42%). Association with smoking-induced interstitial lung disease and neoplasia, particularly lung adenocarcinoma, has been documented as well. The low incidence of MLNs (4%) in acute lung injury suggests that chronicity may be important for the formation of MLNs (2). Mizutani et al. found MLNs to be higher in malignant pulmonary tumors than in benign diseases (7.3% and 2.5% respectively,  $p=0.044$ ) (3). It has been reported to be more prevalent particularly in the patients with adenocarcinoma versus the patients with other primary lung cancers (9.4% vs. 4.5%,  $p<0.01$ ). No underlying neoplastic or non-neoplastic pulmonary disease was detected in the present case.

MLNs is more frequently seen in females and in the 6<sup>th</sup> and 7<sup>th</sup> decades of life (2,6). Male-female ratio is found to be 2.3:1. Such a female predominance was considered to be associated with the presence of progesterone receptor immunoreactivity. The absence of MLNs in pediatric lung specimens indicates that they are not congenital (2).

The etiology of multiple pulmonary nodules (MPNs) is complex. MPNs may be caused by malignant and benign diseases. MPNs that are  $<5$  mm in diameter are more likely to be benign lesions; however, they are more likely to be malignant than benign in patients with a known malignant primary tumor. Benign diseases that are known to cause MPNs include infections, non-infectious inflammatory conditions, and pneumoconioses. In asymptomatic patients, further considerations include the presence of rheumatoid nodules, amyloidosis, and arteriovenous malformations. Hamartomas and smooth muscle tumors such as leiomyomas are other less common conditions (9). An inflammatory condition or a benign neoplasm was considered in the differential diagnosis of our patient. VATS, is a technique that has recently become available for evaluating pulmonary nodules, was performed to obtain a definitive diagnosis for its high diagnostic yield in the present case.

Although MLNs usually appears as a solitary lesion, multiple lesions have been identified in 41% of the patients. Diffuse bilateral pulmonary involvement by

MLNs is termed as "diffuse pulmonary meningotheliomatosis". In a molecular study multiple lesions have demonstrated to show a greater genetic instability along with more frequent loss of heterozygosity as compared to solitary lesions. Therefore, multiple and diffuse lesions are likely to represent a transition stage between reactive and neoplastic condition (4).

There is limited number of radiological studies concerning radiological findings of MLNs. Thoracic CT scan of the present case demonstrated randomly distributed sharply circumscribed multiple micronodules. Radiologically, MLNs are usually detected as diffuse, multiple nodules in both lungs with the size ranging between 100  $\mu$ m-3 mm (1,5,10-14). They may be seen as micronodules (11), reticulo-nodular infiltrations (1), or ground-glass opacities (10,12,13). Presence of nodules with cavitation has been reported in some cases (5,14). Lee et al detected a 11.3 mm nodule and bilateral micronodules in both lungs on thoracic CT scan of a 52-year-old man (15). The size of MLNs in this report were larger than described in other studies (15).

In conclusion; the present case, of which histopathological examination revealed "meningothelial-like nodules", was diagnosed with "diffuse pulmonary meningotheliomatosis" based on her radiological findings. It can mimic metastatic disease particularly in patients with malignancy and may cause misstaging. The present case has been presented to highlight the necessity of considering this disease in the presence of undefined diffuse bilateral parenchymal nodular lesions.

#### CONFLICT of INTEREST

None declared.

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